

## Living alone, faithful

Age: 73



Family & Home



Social contacts



Income

Cognitive:	
Memory:	
Diseases:	
Symptoms:	
Limitations:	



### About & Family:

Doris lives alone in her apartment. She has no children or any living family members. Being a religious woman, Doris spends her time praying and in solitude. She was never married and lived until her 50s together with her mother, and took care of her until her death. She has a small pension that barely covers her costs at the end of the month.

### Health

She does not have any diseases or complaints, however she notices that she is getting old when she has difficulties in climbing stairs or doing work around the house. Last year she had an investigative cardiac catheterization but the result was negative.

She can hear well, but needs reading glasses. Due to her concentration problems and her weak memory, she has difficulties in shopping and either forgets to buy things or buys things that she already bought multiple times.

### Social

Doris is a lonely person in her daily life. She has some acquaintances but no close friends. She regularly attends the church; however, she does not partake in sports or social activities. Even though she is thankful for being healthy and alive, she sometimes feels sad and very alone.

### Technology Usage

She has a mobile phone that she does not use much. At home she has an old TV, which is her main source of information about daily news. She is used to silence and likes reading books. She does not have a computer.

### Limitations/Difficulties in

climbing several flights of stairs,  
shopping for groceries,  
doing work around the house or garden

### Diseases

none

### Symptoms

none

### Psychographics

satisfied,  
religious,  
modest,  
forgetful,  
lonely,  
obedient

### Drugs

none

### Hearing

good

### Eyesight

glasses

### Educational level

medium

### Risks

social inactive

### General attitude towards technology

neutral

### Devices in use

TV,  
mobile phone