Luise INSEL

Berlin, Germany

Diabetes patient

Age: 88

Household Social contacts Income

Cognitive:
Memory:
Diseases:
Symptoms:
Limitations:
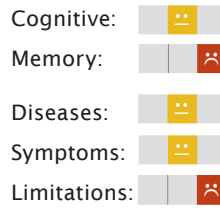

About & Family:

Luise has lived alone ever since her husband died. Her son visits her a couple of times a week to check if she is doing well or needs anything. However, Luise cannot take care of herself alone anymore. She has no financial problems. She receives nursing care at home and meals on wheels.

Limitations/Difficulties in

sitting for two hours,
getting up from chair,
climbing up stairs, kneeling, stooping,
pulling or pushing large objects,
lifting or carrying weights more than five kilos,
shopping for groceries,
doing work around the house

Health

Luise is a diabetes patient and needs someone to remind her to take her drugs and to make the injections she needs. She forgets about the time and sometimes cannot recognize people she used to know. Because she is very overweight she cannot move easily and has a tendency to let herself go and stay passive.

Diseases

diabetes

Symptoms

fear of falling down,
dizziness,
faints or blackouts

Social

She is socially isolated and has no friends left. Her son calls her on the phone every other day. She does not have any routine activity. The only contacts she has are the nurses and her son.

Psychographics

inactive,
sad,
withdrawn

Drugs
yes

Hearing
good

Eyesight
glasses

Educational level
basic

Risks
overweight,
inactive

Technology Usage

The nurses help her to use medical devices at home, for measuring her blood sugar, for example. There is always a nurse or her son to do things for her. She likes watching TV.

General Attitude towards Technology

negative

Media - Communication

TV