

Resigned and ill

Age: 71



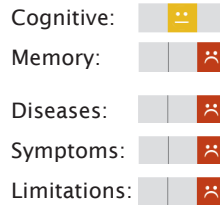
Family & Home



Social contacts



Income



About & Family:

Anne-Marie lives together with her husband in a country house. Their son lives abroad and they haven't seen him for over a year. Anne-Marie has always been introverted and slow in her actions. Being a housewife, she used to do the housework and gardening alone until she had a heart attack last year. Her husband also has diseases but he is still physically active.

Health

Anne-Marie is a heart patient and has many problems including osteoporosis. She has had an operation because of fractures in her hip. She can hardly move and is bordering on obese. Because of the diseases she has limitations in her daily life. Without the support of her husband she would not be able to keep going. She can hear well but uses reading glasses. She is forgetful and cannot concentrate for extended periods of time. She forgets things or gets easily confused and is afraid of making a mistake about her diet or pills.

Social

She is resigned from life, losing her self-confidence and feeling that she has lost control of her life. She cannot sleep well and is always tired. She feels too weak and afraid of falling down or needing another operation because of her diseases. She feels lonely and disabled by her diseases. Her husband spends more time out and her son does not pay attention to her. She is mostly bad-tempered and tearful. Even when she has the opportunity to do something socially, she is not interested in it.

Technology Usage

She likes watching TV in her armchair and talking on the phone with relatives. A bad memory and worsened cognitive functions make it difficult for her to use any technical device. She does not have a mobile phone and does not use any other devices.

Limitations/Difficulties in

difficulties in sitting for two hours,
getting up from chair or bed,
climbing several flights of stairs, stooping, kneeling,
reaching or extending arms above shoulders,
pulling or pushing large objects,
lifting or carrying weights over five kilos,
shopping,
doing housework,
bathing

Diseases

heart attack,
high blood pressure,
diabetes,
osteoporosis

Symptoms

heart trouble,
fear of falling down,
stomach problems,
pain in joints,
breathlessness,
swollen legs,
sleeping problems

Psychographics

depressed,
pessimistic,
anxious,
negative,
unhappy,
resigned,
lonely,
forgetful,
unsatisfied with her life

Drugs

yes
Hearing
good
Eyesight
glasses
Educational level
basic
Risks
obese
bad memory

General attitude towards technology

negative

Devices in use

TV