

Mourning

Age: 82



Household



Social contacts



Income

Cognitive:

Memory:

Diseases:

Symptoms:

Limitations:



About & Family:

Mr. Trauis lost his wife recently. They had been together for almost 60 years. He does not want to be alone but also does not want to leave his flat. He has a child living in the same city and they have weekly contact. He receives nursing care at home as he needs help for daily activities. He has financial difficulties.

Health

He has high cholesterol and had a heart attack and a stroke last year. He is not a healthy person anymore and has serious mobility and daily life limitations. He is normal weight. It is not possible for him to keep going alone without support. He has a good memory but cannot cope with numbers and calculations anymore. He does not see or hear well but he does not use any aid. He stays in his bed most of the time and has sleeping problems.

Social

Mr. Trauis is a religious person and tries to attend religious organizations weekly, although he has many limitations. He is a positive person and does not feel excluded. His friends and relatives visit him weekly.

Technology Usage

He likes listening to music on the radio. Watching TV is his main daily activity, even in the night when he cannot fall asleep.

Limitations/Difficulties in

walking 100 meters,
lifting or carrying weights over five kilos,
stooping, kneeling, crouching,
climbing one flight of stairs,
dressing, incl. shoes and socks,
bathing,
preparing a hot meal,
shopping for groceries,
sleeping

Diseases

heart attack,
high cholesterol,
stroke

Symptoms

heart trouble,
persistent cough,
swollen legs,
fear of falling down

Psychographics

religious,
introverted,
positive,
needs support

Drugs

yes
[Hearing](#)
less than good

[Eyesight](#)

less than good

[Educational level](#)

medium

[Risks](#)

inactive

General Attitude towards Technology

neutral

Media - Communication

TV

radio

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